



SPONSOR TYTULARNY
GARMIN



SPONSOR STRATEGICZNY
Audi
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ORGANIZATOR
labo
SPORT
MOSiR
Syców

Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport

Data: 13.07.2025r.

Dystans: 1/2 IM

Miejscowość: Syców

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
1	997	Biernacki Łukasz	Garwolin	Victus Rębkow	M30	1	00:30:19	00:02:10	02:08:00	00:01:55	01:25:38	04:08:02
2	794	Chmura Maciej	Wrocław	Chmura Team	M30	2	00:28:24	00:02:36	02:09:39	00:01:58	01:27:47	04:10:24
3	796	Wasyluk Cezary	Wrocław	Chmura Team Controltec	M30	3	00:29:05	00:02:10	02:11:44	00:01:54	01:27:30	04:12:23
4	989	From La Parra Inaki	Mexico & Katowice		M40	1	00:29:29	00:02:28	02:15:37	00:02:09	01:23:57	04:13:39
5	884	Galea Keith	Mosta	Team Barry / bike it up racing	M30	4	00:28:51	00:02:25	02:15:26	00:02:02	01:26:01	04:14:44
6	927	Wilicki Tomasz	Łódź	BEDNARSKI TRI TEAM	M40	2	00:30:18	00:02:23	02:13:06	00:01:53	01:28:39	04:16:18
7	932	Kościelniak Bartosz	Wrocław	TRIMP	M30	5	00:29:36	00:02:59	02:12:54	00:01:46	01:30:00	04:17:14
8	903	Wróbel Andrzej	Sułkowice	Sqoora Training	M40	3	00:32:52	00:03:32	02:13:16	00:01:41	01:26:49	04:18:09
9	763	Nowakowski Jakub	Wrocław	SWIMMINGLAB	M30	6	00:30:25	00:02:44	02:14:25	00:02:16	01:30:03	04:19:52
10	921	Piotrowski Aleksander	Kraków		M30	7	00:31:54	00:02:41	02:14:42	00:02:10	01:32:10	04:23:36
11	916	Sierżant Sławomir	Wrocław	TYCZYŃSKI TRIATHLON	M30	8	00:36:11	00:03:01	02:17:09	00:02:15	01:25:40	04:24:16
12	851	Broda Tomek	Nowe Chełcho	GRA Girona Racing Academy	M30	9	00:35:54	00:03:15	02:16:58	00:02:08	01:27:24	04:25:38
13	778	Buze Łukasz	Kędzierzyn-Koźle		M40	4	00:37:16	00:02:32	02:19:02	00:01:57	01:25:22	04:26:08
14	878	Briffa Roberto	Balzan	Agones SFC	M30	10	00:32:52	00:02:48	02:10:00	00:02:59	01:38:41	04:27:19
15	992	Borowiak Rafał	Stubice	JOKŚ TEAM Firma Jokś Budowa Maszyn	M40	5	00:32:23	00:03:04	02:23:11	00:01:58	01:26:48	04:27:24
16	938	Lenart Rafał	Wrocław	Drużyna ML	M30	11	00:33:19	00:02:49	02:20:18	00:02:11	01:29:58	04:28:34
17	857	Sabat Piotr	Wrocław	Chmura Coaching	M40	6	00:30:08	00:03:22	02:20:22	00:02:51	01:09:35	04:29:18
18	980	Szymkowiak Norbert	Poniec	STREFASPORTU.PL MW INVEST	M30	12	00:34:58	00:03:14	02:14:30	00:02:25	01:34:38	04:29:44
19	856	Dominikowski Krzysztof	Mościsko	Cooper Standard	M40	7	00:38:49	00:02:21	02:19:38	00:02:10	01:27:43	04:30:41
20	942	Bochyński Karol	Wrocław	CTS Czaja Training System	M18	1			02:20:26	00:01:42	01:35:06	04:30:57
21	882	Milian Michał	Milicz	TRIMP	M18	2	00:38:04	00:03:15	02:14:53	00:02:31	01:32:27	04:31:09
22	832	Kolosek Kacper	Konin	Konińska Akademia Triathlonu	M18	3			02:25:32	00:01:35	01:30:51	04:32:09
23	880	Falzon Neil	Dingli	Team Laidlow	M40	8	00:34:13	00:03:15	02:20:15	00:02:01	01:32:39	04:32:22
24	909	Kurzeja Michał	Wrocław	SZKOŁA TRIATHLONU Accesto	M30	13	00:29:12	00:02:48	02:21:47	00:01:58	01:37:56	04:33:40
25	914	Nowicki Marcin	Gorzów Wielkopolski		M40	9	00:33:45	00:02:40	02:18:36	00:02:43	01:36:04	04:33:47
26	987	Wiśniewski Adam	Łódź		M30	14			02:23:12	00:01:52	01:33:23	04:34:14
27	900	Messyasz Krzysztof	Oława	CHMURA TEAM	M40	10	00:35:05	00:02:33	02:19:01	00:02:14	01:37:05	04:35:58
28	858	Karasiński Marcin	Kalisz	CALISIA MASTERS TEAM KALISZ Green Coffee & Croissant	M50	1	00:32:22	00:03:23	02:25:41	00:02:33	01:32:15	04:36:13
29	976	Tronina Tomek	Katowice	#Dawaj Kalach Team	M40	11	00:34:16	00:03:29	02:20:43	00:03:06	01:35:16	04:36:49
30	936	Prusaczyk Marcin	Warszawa	Triathletic Team	M50	2	00:38:31	00:04:46	02:15:36	00:03:04	01:35:58	04:37:54
31	815	Rydzewski Rafał	Gdańsk	Dawaj Kalach Team	M30	15	00:30:13	00:02:53	02:17:03	00:02:26	01:45:23	04:37:57
32	896	Fenech Christopher	Żejtun		M30	16	00:32:15	00:04:04	02:26:02	00:01:57	01:34:33	04:38:51
33	771	Wnęk Jarosław	Wrocław	Kupszose.pl	M30	17	00:30:22	00:03:00	02:22:42	00:02:16	01:41:17	04:39:37
34	924	Cieślak Jakub	Libiąż	Triathlon Training Center	M40	12	00:36:44	00:03:07	02:22:25	00:02:29	01:36:13	04:40:57
35	779	Czajka Radosław	Mrowiny	Świdnicka Grupa Biegowa	M30	18	00:39:39	00:03:27	02:27:20	00:02:32	01:28:07	04:41:05
36	850	Szklarczyk Michał	Warszawa	Dawaj Kalach Team / Accenture	M30	19			02:18:31	00:02:23	01:45:05	04:41:11
37	982	Halicki Łukasz	Maszewo	CHMURA TEAM	M30	20	00:30:47	00:02:47	02:22:43	00:02:27	01:42:36	04:41:19
38	872	Landvogt Christoph	Bad Kreuznach	TTRN Viessmann	M40	13	00:35:13	00:03:51	02:32:16	00:02:24	01:28:35	04:42:19
39	892	Kwiatkowski Mikołaj	Warszawa	Triathletic Team	M30	21	00:34:46	00:02:45	02:26:09	00:02:20	01:36:33	04:42:33
40	864	Janikowski Krzysztof	Oleśnica	Litwin Sports	M40	14	00:38:00	00:02:30	02:27:20	00:01:51	01:33:14	04:42:55
41	861	Górniak Łukasz	Styrzynie	Dawaj Kalach Team	M40	15	00:35:19	00:04:26	02:22:49	00:02:32	01:37:51	04:42:56
42	787	Doliński Marcin	Katowice		M18	4	00:35:27	00:02:32	02:22:30	00:02:47	01:39:51	04:43:06
43	831	Wrzesiński Andrzej	Gdów	Unlimited Sport 2.0	M30	22	00:33:05	00:02:36	02:22:35	00:02:54	01:42:32	04:43:42
44	996	Leszek Mariusz	Garwolin	Towarzystwo Biesiadno Sportowe Kruger&Matz	M40	16	00:42:55	00:02:30	02:22:36	00:02:19	01:34:19	04:44:38
45	960	Gnoiński Mariusz	Opole	M&M team	M50	3	00:38:30	00:03:21	02:23:17	00:03:03	01:36:43	04:44:53
46	904	Sztenderewicz Rafał	Wrocław	EvoTriathlon KUNA Team	M40	17	00:39:13	00:03:10	02:27:51	00:02:37	01:32:34	04:45:24
47	812	Sklorz Paweł	Katowice	IRONSILESIA	M40	18	00:36:06	00:04:01	02:34:09	00:02:57	01:28:56	04:46:08
48	765	Bartochowski Łukasz	Poznań	VAN HOOY Bike Manufaktur	M40	19	00:34:56	00:12:19	02:22:54	00:04:41	01:31:45	04:46:35
49	802	Barbilat Olesii	Wrocław	Wrocławski Park Wodny S.A. WPW S.A.	M30	23	00:31:50	00:03:30	02:42:31	00:01:48	01:27:31	04:47:09
50	917	Hadrych Piotr	Zielona Góra		M40	20	00:35:14	00:03:39	02:31:51	00:02:33	01:35:10	04:48:26
51	859	Miedziak Sebastian	Rogalinek	Ls Plus Recykling Team/ Cityzen Poznan 2015	M40	21	00:36:16	00:03:15	02:28:46	00:01:52	01:39:15	04:49:23
52	825	Bobyk Kamil	Warszawa	spot4slot.com	M30	24	00:37:26	00:04:05	02:35:04	00:02:56	01:30:00	04:49:31
53	926	Kulik Michał	Łódź	HTF Ludwik Sikorski	M40	22	00:34:59	00:03:22	02:30:23	00:02:59	01:37:52	04:49:34
54	985	Bednarek Łukasz	Nowa Wieś	PLAY	M40	23	00:36:35	00:04:12	02:24:50	00:02:55	01:45:05	04:50:36
55	764	Szadkowski Jacek	Twardorzeczka		M40	24	00:34:37	00:03:45	02:33:09	00:02:44	01:39:28	04:50:43
56	820	Lenart Sandra	Wrocław	Fundacja Drużyna ML	K30	1	00:37:44	00:03:33	02:37:28	00:02:16	01:32:45	04:53:46
57	799	Burkot Tomasz	Gorlice		M30	25	00:40:49	00:03:37	02:30:38	00:02:02	01:36:41	04:53:46
58	928	Pogoński Sławomir	Kobierzyce		M30	26	00:41:09	00:03:14	02:25:03	00:02:45	01:42:56	04:55:07
59	801	Zajdel Maciej	Mogilany	Sport Synergy	M40	25	00:31:50	00:04:10	02:32:00	00:02:55	01:44:32	04:55:26
60	930	Antoniuk Marcin	Warszawa	SAGE EKSPRESY TRI TEAM	M50	4	00:38:09	00:02:39	02:26:49	00:02:14	01:46:51	04:56:41
61	818	Langer Piotr	Łódź	Warriors Łódź	M30	27	00:35:45	00:05:43	02:43:20	00:02:36	01:30:11	04:57:35
62	789	Zieziula Sebastian	Wrocław	TRIMP	M18	5	00:32:05	00:04:16	02:30:53	00:02:40	01:48:15	04:58:08
63	877	Chmielewski Adrian	Wrocław		M30	28	00:35:23	00:03:26	02:27:30	00:03:10	01:49:02	04:58:30
64	768	Olszewski Michał	Oborniki Śląskie	Świat Tektury	M30	29	00:43:02	00:02:45	02:28:40	00:02:58	01:41:22	04:58:47

Pływanie: 2 x 0,95km

Jazda rowerem: 4 x 22,5 km

Bieg: 4 x 5.275 km



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Data: 13.07.2025r.

Dystans: 1/2 IM

Miejscowość: Syców

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
65	874	Kinastowska Klaudia	Warszawa		K18	1	00:42:33	00:04:07	02:31:51	00:03:12	01:38:20	05:00:03
66	940	Piwnicki Mateusz	Wrocław	Rating Captain	M30	30	00:39:21	00:05:03	02:37:30	00:02:57	01:36:14	05:01:05
67	906	Broda Jarosław	Wrocław	CHMURA TEAM	M50	5	00:46:50	00:03:59	02:32:47	00:03:44	01:34:00	05:01:20
68	887	Wisniewski Tomasz	Katowice		M40	26	00:36:30	00:04:11	02:40:29	00:03:14	01:37:04	05:01:28
69	885	Jańczak Jarosław	Łódź	SNG WILD DUCKS	M50	6	00:34:33	00:03:10	02:34:55	00:02:20	01:46:40	05:01:37
70	912	Lenart Miłosz	Kętrzyn	Fundacja Drużyna ML	M60	1	00:38:48	00:04:27	02:32:21	00:02:38	01:43:29	05:01:42
71	824	Białas Paweł	Rogów	Silesian Triathlon Team	M30	31	00:34:31	00:04:04	02:32:47	00:02:14	01:48:21	05:01:56
72	967	Debski Maksym	Kraków	M&M team	M30	32	00:40:03	00:04:24	02:26:10	00:02:38	01:48:53	05:02:07
73	841	Martynowski Łukasz	Opole	TRILOOK	M40	27	00:34:04	00:03:20	02:31:21	00:02:45	01:50:41	05:02:10
74	839	Rokosz Łukasz	Jarosław		M30	33	00:35:00	00:03:40	02:42:44	00:01:54	01:39:12	05:02:30
75	978	Skulski Maciej	Tyniec Mały	Mitshubishi Materials MTB Team	M50	7	00:33:31	00:03:42	02:25:50	00:02:00	01:57:55	05:02:58
76	977	Handzlik Kinga	Oleśnica	LABOSPORT Team/ Babeczka	K18	2	00:47:49	00:03:15	02:37:45	00:02:17	01:32:04	05:03:10
77	871	Bieżyński Daniel	Wrocław	IDEANIEL	M18	6	00:35:59	00:03:38	02:29:33	00:02:35	01:51:35	05:03:20
78	826	Bartosik Sebastian	Wodzisław Śląski	Silesian Triathlon Team BartosBraders	M30	34	00:43:26	00:04:07	02:39:55	00:02:50	01:43:29	05:03:25
79	866	Stefaniak Maciej	Nowa Sól		M18	7	00:38:51	00:03:55	02:34:33	00:02:34	01:43:48	05:03:40
80	836	Glenc Rafał	Pszczół	Silesian Triathlon Team	M30	35	00:39:38	00:02:58	02:37:16	00:01:44	01:42:18	05:03:53
81	837	Dawidowicz Wojciech	Dobroszyce		M30	36	00:40:38	00:04:41	02:26:29	00:02:36	01:50:11	05:04:34
82	981	Lipiński Jacek	Wrocław	Grzybu_sport PerfectSkin drWlew fightAnatomy	M30	37	00:35:27	00:03:29	02:32:19	00:01:55	01:51:27	05:04:37
83	886	Muzyka Jakub	Wrocław		M18	8	00:32:00	00:03:00	02:49:23	00:01:44	01:39:26	05:05:33
84	821	Kędzia Michał	Wrocław	Iron Majkel Activa Grill	M40	28	00:37:07	00:04:01	02:33:44	00:02:42	01:48:20	05:05:54
85	972	Królczak Artur	Katowice	Triathlon Training Center	M30	38	00:40:39	00:03:49	02:32:12	00:02:35	01:46:50	05:06:04
86	968	Zarzycki Krzysztof	Świdnica	VOLT	M30	39	00:48:58	00:03:29	02:29:07	00:02:39	01:42:39	05:06:52
87	937	Jon Marcin	Siechnice	MMK JONKI	M40	29	00:39:16	00:03:29	02:32:06	00:04:09	01:48:25	05:07:24
88	790	Seredyński Przemysław	Wrocław		M40	30	00:35:36	00:03:24	02:34:43	00:03:21	01:50:42	05:07:45
89	803	Kielnierowski Paweł	Pabianice	O CO BIEGA	M40	31	00:34:40	00:04:07	02:39:58	00:02:41	01:46:26	05:07:51
90	876	Kolanowski Maciej	Poznań		M40	32	00:40:05	00:04:36	02:33:55	00:02:55	01:47:09	05:08:39
91	848	Włodarczyk Piotr	Łódź	HTF Ludwik Sikorski	M40	33	00:39:45	00:03:10	02:27:27	00:02:42	01:55:52	05:08:56
92	813	Pościech Paweł	Rydułtowy	Silesian Triathlon Team	M30	40	00:37:22	00:04:05	02:37:58	00:03:09	01:46:25	05:08:59
93	958	Pytel Rafał	Kotórz Wielki		M30	41	00:43:04	00:08:03	02:29:08	00:05:22	01:44:41	05:10:17
94	898	Skubisz Krzysztof	Kalisz	Litwin Sports	M30	42	00:36:47	00:03:57	02:26:02	00:02:15	02:01:22	05:10:22
95	786	Bednarek Piotr	Rawa Mazowiecka		M30	43	00:37:29	00:03:20	02:44:06	00:01:52	01:43:57	05:10:43
96	984	Kocyłowski Piotr	Wrocław	Litwin Sports	M30	44	00:45:02	00:03:58	02:37:55	00:02:21	01:42:26	05:11:41
97	955	Michalski Daniel	Błonie	RUNMAGEDDON TEAM	M18	9	00:39:07	00:03:25	02:32:28	00:02:59	01:54:07	05:12:06
98	944	Dwojak Filip	Janowice Wielkie	Tomica Coaching	M18	10	00:39:59	00:02:30	02:33:27	00:02:05	01:54:40	05:12:40
99	956	Lipa Mateusz	Rzeszów		M30	45	00:50:14	00:04:19	02:39:28	00:04:31	01:34:46	05:13:18
100	775	Jankowski Łukasz	Kraków	Schibsted Tech Polska	M40	34	00:30:08	00:02:51	02:32:00	00:02:24	02:06:49	05:14:12
101	988	Krzyształa Łukasz	Wodzisław Śląski	TM Iron Team	M30	46	00:43:49	00:02:48	02:28:06	00:03:01	01:56:32	05:14:16
102	971	Żłak Anna	Warszawa Ursynów		K30	2	00:36:35	00:03:42	02:48:41	00:02:15	01:43:11	05:14:24
103	979	Hajduk Grzegorz	Rzeszów	Huge Voice	M40	35	00:46:50	00:04:25	02:31:21	00:02:54	01:50:08	05:15:38
104	939	Tomaszewski Łukasz	Kozłów	IM Inspiration	M30	47	00:35:53	00:04:20	02:39:23	00:03:29	01:52:34	05:15:38
105	834	Bułka Bartosz	Wrocław	LABOSPORT Team	M40	36	00:34:26	00:02:54	02:34:54	00:02:47	02:00:39	05:15:39
106	782	Socha Artur	Wałbrzych	Artur Socha - Skuteczna Fizjoterapia	M30	48	00:35:41	00:02:53	02:41:25	00:04:10	01:51:56	05:16:05
107	897	Lepka Paulina	Wrocław	ALOHA TEAM	K40	1	00:39:22	00:03:58	02:30:47	00:03:11	01:58:51	05:16:09
108	868	Sokołowski Marcin	Luboszyce	GT KONA Opole	M50	8	00:42:41	00:03:35	02:31:11	00:03:35	01:55:30	05:16:32
109	843	Wysz Damian	Poznań	Škoda Porsche Obornicka Poznań	M40	37	00:35:49	00:03:02	02:40:30	00:02:22	01:54:54	05:16:36
110	933	Nowaczyk Grzegorz	Chodzież	SZKOŁA TRIATHLONU/LODOŻERCY CHODZIEŻ / PCH_RUN	M40	38	00:32:36	00:03:14	02:44:33	00:02:59	01:55:03	05:18:24
111	829	Marcjanek Piotr	Łódź	Mocarne Dziki	M40	39	00:39:26	00:03:46	02:51:16	00:04:39	01:39:23	05:18:29
112	893	Witkowski Piotr	Rawicz	Stary Sielec Team	M30	49	00:42:15	00:02:39	02:38:26	00:02:55	01:52:30	05:18:45
113	769	Sandberg Dawid	Katowice		M30	50	00:33:39	00:04:20	02:38:31	00:03:35	01:58:52	05:18:57
114	854	Wysocki Piotr	Syców	KP Syców	M30	51	00:41:11	00:03:24	02:35:26	00:02:53	01:56:55	05:19:48
115	993	Zadka Patrycja	Syców	Gapa team GaPa	K30	3	00:39:40	00:04:11	02:48:02	00:02:36	01:46:34	05:21:03
116	949	Zawadzki Paweł	Kalisz	SZKOŁA TRIATHLONU	M40	40	00:38:21	00:03:35	02:28:49	00:02:37	02:07:56	05:21:17
117	773	Bednarska Joanna	Wrocław		K30	4	00:38:35	00:04:16	02:49:10	00:03:30	01:45:48	05:21:19
118	875	Wyparto Anna	Będzin	New Dogs Gym	K30	5	00:37:31	00:03:48	02:35:48	00:02:47	02:01:27	05:21:21
119	849	Kozaczko Kacper	Rybnik		M18	11	00:38:21	00:06:58	02:50:23	00:05:09	01:41:38	05:22:28
120	830	Szydłowski Bartłomiej	Zielona Góra		M40	41	00:43:19	00:05:14	02:41:03	00:03:57	01:49:13	05:22:45
121	995	Pilarczyk Bartek	Ostrów Wlkp.	ABP Tri Supersonic	M40	42	00:37:41	00:04:32	02:40:55	00:03:17	01:57:07	05:23:32
122	901	Jędrzych Dariusz	Wrocław	FunTri	M50	9	00:38:51	00:04:35	02:46:51	00:03:03	01:50:36	05:23:55
123	952	Król Paweł	Syców		M40	43	00:37:26	00:03:14	02:40:57	00:03:09	02:01:29	05:26:15
124	791	Długaj Tomasz	Twardogóra	ECHO Twardogóra	M40	44	00:50:53	00:03:54	02:40:40	00:02:45	01:48:07	05:26:19
125	838	Żurowski Michał	Wrocław		M30	52	00:32:49	00:03:46	02:49:27	00:02:34	01:57:48	05:26:24
126	974	Adamczyk Łukasz	Wrocław	Litwin Triathlon Team (LTT)	M40	45	00:39:29	00:04:07	02:48:21	00:02:59	01:51:41	05:26:36
127	923	Końca Adam	Wrocław	Kozanowski Klub Biegacza	M40	46	00:38:25	00:05:39	02:46:42	00:06:07	01:49:48	05:26:40
128	908	Relich Marek	Nowa Sól	Brak Klubu	M50	10	00:47:22	00:05:16	02:45:49	00:05:13	01:43:03	05:26:43

Pływanie: 2 x 0,95km

Jazda rowerem: 4 x 22,5 km

Bieg: 4 x 5,275 km



GOSPODARZ



SPONSOR STRATEGICZNY



Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport

Data: 13.07.2025r.

Dystans: 1/2 IM

Miejscowość: Syców

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
129	918	Grzybowska Aneta	Kiekrz	Zgrupka ProMobil Team	K50	1	00:39:57	00:03:58	02:51:05	00:02:11	01:49:58	05:27:09
130	817	Glenc Liliana	Pszów	IM Inspiration	K30	6	00:50:11	00:03:18	02:39:27	00:02:33	01:51:44	05:27:12
131	931	Pigula Agnieszka	Poznań	MBC Team IronWomanProject	K40	2	00:42:27	00:03:09	02:50:56	00:02:47	01:47:59	05:27:17
132	910	Wdowiak Zbigniew	Świdnica		M40	47	00:38:36	00:04:28	02:37:53	00:03:04	02:03:54	05:27:55
133	833	Oślizło Artur	Wodzisław Śląski	KWK Budryk	M30	53	00:33:06	00:04:05	02:49:43	00:02:14	01:58:53	05:28:00
134	863	Godlewski Grzegorz	Wrocław		M30	54	00:42:46	00:03:29	02:49:51	00:03:36	01:48:45	05:28:26
135	776	Zaremba Sebastian	Oborniki Śląskie	MBC Team	M50	11	00:46:03	00:03:27	02:28:00	00:03:10	02:08:05	05:28:45
136	867	Dudek Krzysztof	Śleza	Armady Wrocław	M30	55	00:31:21	00:05:48	02:36:48	00:05:12	02:09:40	05:28:48
137	853	Adamus Rafał	Świdnica		M40	48	00:42:45	00:03:45	02:39:27	00:03:27	01:59:29	05:28:53
138	891	Grzegorzak Michał	Mechnice		M30	56	00:38:18	00:04:21	03:04:02	00:03:11	01:40:25	05:30:16
139	816	Maciantowicz Wojciech	Wrocław		M40	49	00:50:33	00:05:00	02:39:18	00:03:06	01:53:23	05:31:19
140	847	Ziajka Michał	Wrocław	STOWARZYSZENIE ŚRÓDODRZE	M30	57	00:40:49	00:04:52	02:48:53	00:03:21	01:53:28	05:31:23
141	822	Ditrich Kordian	Wrocław		M40	50	00:41:26	00:05:22	02:40:50	00:04:21	01:59:26	05:31:24
142	935	Janas Jakub	Kalisz	KAZIKI	M30	58	00:33:31	00:04:24	02:53:45	00:03:17	01:56:45	05:31:41
143	770	Woźniak Marcin	Kędzierzyn - Koźle	G Sports	M18	12	00:50:21	00:04:43	02:51:01	00:02:06	01:44:08	05:32:18
144	785	Pławiak Wojciech	Warszawa	TRIWAWA Pławiak Team	M40	51	00:44:00	00:04:42	02:36:12	00:03:28	02:04:27	05:32:48
145	963	Skulski Jakub	Kraków	Igel Team	M18	13	00:34:54	00:05:53	02:51:37	00:03:39	01:56:54	05:32:57
146	950	Kujawski Marcin	Łódź	HTF Ludwik Sikorski	M40	52	00:41:03	00:03:26	02:41:19	00:03:27	02:04:13	05:33:27
147	761	Stec Bartosz	Wrocław		M18	14	00:35:49	00:05:35	02:37:43	00:04:25	02:10:01	05:33:33
148	835	Kierok Sebastian	Piekary Śląskie		M30	59	00:41:15	00:04:07	02:47:54	00:03:27	01:56:56	05:33:38
149	999	Kobyłka Patryk	Wrocław	Litwin Sports	M30	60	00:40:52	00:04:10	02:42:27	00:03:17	02:03:16	05:34:02
150	889	Hańczak Piotr	Poznań	Cityzen	M40	53	00:41:11	00:03:53	02:37:10	00:02:57	02:08:57	05:34:08
151	941	Więclaw Artur	Cisownica	4MUSZKIETER.PL 4MUSZKIETER.PL	M40	54	00:40:21	00:04:06	02:51:52	00:02:50	01:56:09	05:35:17
152	844	Radke Adam	Poznań	AUDI POZNAŃ FRANOWO	M40	55	00:41:48	00:03:48	02:55:28	00:02:35	01:52:17	05:35:56
153	957	Zach Paweł	Rzeszów		M40	56	00:39:23	00:03:47	02:46:49	00:03:19	02:04:56	05:38:14
154	895	Kubisz Robert	Tychy	PRO100	M40	57	00:40:16	00:05:32	02:49:58	00:04:43	01:57:55	05:38:24
155	852	Sułow Bartosz	Wieruszów		M18	15	00:41:17	00:06:10	02:38:44	00:04:39	02:08:00	05:38:49
156	842	Pławiak Bartłomiej	Wrocław	PLAWIAK	M40	58	00:41:30	00:04:41	02:41:55	00:03:01	02:07:55	05:39:02
157	962	Szrubarczyk Maja	Kraków	Igel Team	K18	3	00:38:11	00:04:01	02:58:29	00:03:35	01:55:31	05:39:46
158	902	Wereski Tomasz	Poręba		M30	61	00:49:47	00:07:20	02:55:29	00:04:09	01:44:45	05:41:30
159	811	Drygas Sławomir	Wrocław		M40	59	00:38:47	00:02:57	02:55:55	00:02:21	02:02:34	05:42:33
160	965	Czarnecki Sylwester	Oława		M50	12	00:43:19	00:05:05	02:40:48	00:04:01	02:09:47	05:42:59
161	860	Szyporta Waldemar	Namysłów	ACTIVRUN NAMYSŁÓW	M50	13	00:48:08	00:04:54	02:54:32	00:05:53	01:50:30	05:43:56
162	991	Polkowski Marcin	Skórzewo	CTS	M40	60	00:47:47	00:04:13	02:41:17	00:02:54	02:07:53	05:44:03
163	986	Loman Przemysław	Moraczewo	Janicki Coaching	M30	62	00:43:20	00:05:54	02:37:35	00:04:07	02:13:16	05:44:12
164	945	Oczkowicz Sławomir	Sadków	SZKOŁA TRIATHLONU	M30	63	00:47:43	00:05:44	03:07:16	00:03:45	01:39:51	05:44:19
165	840	Siwek Mateusz	Polska Nowa Wieś	TriLook Triathlon Team	M30	64	00:38:17	00:04:43	02:49:05	00:04:05	02:09:13	05:45:23
166	890	Drozdowicz Michał	Wrocław		M30	65	00:52:30	00:04:23	02:57:23	00:03:59	01:47:25	05:45:39
167	793	Lechański Łukasz	Łódź	PKO BP Triathlon Team	M40	61						05:45:40
168	819	Misztal Joanna	Wrocław	Tri Together	K40	3	00:44:05	00:04:38	02:47:58	00:03:04	02:06:39	05:46:24
169	915	Ogierman Grzegorz	Cieszyn		M40	62	00:40:51	00:04:25	03:03:53	00:03:33	01:54:19	05:47:00
170	969	Nowara Andrzej	Rzeczyce /Gliwice		M60	2	00:41:49	00:07:04	02:47:52	00:04:05	02:06:52	05:47:41
171	905	Duczmalski Bartosz	Ostrów Wielkopolski		M30	66	00:39:21	00:05:06	03:05:11	00:05:18	01:54:07	05:49:02
172	767	Pańko Patryk	Wrocław		M40	63	00:39:01	00:05:35	02:59:04	00:03:24	02:02:20	05:49:23
173	964	Dymacz Maksymilian	Ostrów Wielkopolski	IM Inspiration	M30	67	00:40:52	00:05:27	02:46:14	00:04:34	02:13:12	05:50:19
174	966	Trefon Michalina	Rogoźnik	KozakTeam	K30	7	00:37:52	00:03:06	03:05:53	00:02:36	02:01:13	05:50:40
175	990	Polkowska Monika	Skórzewo	CTS	K40	4	00:44:06	00:04:43	02:54:51	00:03:49	02:03:23	05:50:52
176	1000	Klimala Angelika	Oleśnica		K50	2	00:45:51	00:05:46	02:53:15	00:03:30	02:02:43	05:51:05
177	919	Zwierzyński Roman	Lutynia	Piraya	M60	3	00:46:36	00:05:45	02:48:53	00:04:13	02:05:55	05:51:22
178	922	Kasprzak Patrycja	Wrocław	FunTri	K40	5	00:34:56	00:04:16	03:00:12	00:03:16	02:09:24	05:52:04
179	845	Stasiński Marcel	Ostrów Wielkopolski	NEWREH Active	M40	64	00:39:30	00:04:09	02:57:17	00:04:17	02:08:05	05:53:18
180	784	Długaj Jacek	Twardogóra	ECHO Twardogóra	M50	14	00:47:22	00:05:02	03:02:14	00:05:07	01:54:18	05:54:02
181	800	Chojnowski Wojciech	Bytom		M30	68	00:38:18	00:04:10	02:53:36	00:03:20	02:15:14	05:54:37
182	772	Felka Dariusz	Gwoździec		M30	69	00:40:01	00:03:40	02:40:03	00:02:35	02:29:21	05:55:39
183	953	Tybura Paweł	Kutno		M40	65	00:40:39	00:06:46	02:57:58	00:03:53	02:06:26	05:55:41
184	788	Olczak Arkadiusz	Kościelec	MLUKS Triathlon	M50	15	00:46:44	00:04:54	02:51:32	00:03:38	02:10:26	05:57:14
185	808	Kwieciński Sebastian	Mława	Tri Sebuś Team	M40	66	00:38:48	00:03:42	03:11:21	00:03:35	01:59:57	05:57:22
186	888	Bezak Piotr	Dobrzykowice		M40	67	00:38:22	00:06:25	02:52:53	00:04:11	02:16:49	05:58:39
187	846	Bartoszek Kacper	Raszków	--	M18	16	00:40:10	00:04:07	02:45:43	00:02:51	02:30:28	06:03:18
188	781	Kłós Jan	Oława	Dawaj Kalach Team	M40	68	01:03:05	00:06:05	02:52:34	00:04:05	01:57:36	06:03:25
189	780	Konarska Edyta	Oława	Dawaj Kalach Team	K50	3	00:40:13	00:04:33	03:05:03	00:04:29	02:09:10	06:03:28
190	823	Lisza Tomasz	Dobrzykowice		M40	69	00:45:53	00:04:19	03:00:42	00:02:39	02:13:25	06:06:57
191	925	Zawieja Dawid	Środa Śląska		M18	17	00:45:06	00:05:12	03:07:13	00:01:50	02:09:11	06:08:32
192	994	Chenczek Dominik	Koźminek	KAZIKI	M40	70	00:46:52	00:04:54	02:58:34	00:05:31	02:12:47	06:08:38

Pływanie: 2 x 0,95km

Jazda rowerem: 4 x 22,5 km

Bieg: 4 x 5,275 km



SPONSOR TYTULARNY

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GOSPODARZ



SPONSOR STRATEGICZNY

Dealer Audi
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ORGANIZATOR

labo
SPORT

Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport

Data: 13.07.2025r.

Dystans: 1/2 IM

Miejscowość: Syców

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
193	1001	Sebzda Dariusz	Siechnice		M50	16	00:46:48	00:05:20	03:10:44	00:03:20	02:07:47	06:13:58
194	783	Krzemiński Piotr	Gotartów	Oras Olesno Sp. z o.o.	M30	70	00:43:34	00:05:58	03:05:17	00:02:41	02:17:18	06:14:47
195	762	Stec Agata	Wrocław		K18	4	00:38:41	00:05:44	02:58:17	00:04:08	02:28:29	06:15:19
196	777	Łukowski Dariusz	Strzelce Opolskie	OSiR Strzelce Opolskie	M60	4	00:49:20	00:04:07	03:13:07	00:03:58	02:09:04	06:19:36
197	805	Stagrowski Marcin	Wrocław	TRIMP	M40	71	00:42:39	00:07:29	03:12:22	00:04:49	02:12:39	06:19:58
198	929	Wojtasik Damian	Działosza	PPH Timber Spalice	M40	72	00:42:58	00:05:47	03:03:03	00:03:51	02:28:42	06:24:20
199	907	Eger Katarzyna	Łódź		K40	6	00:50:49	00:05:25	03:11:10	00:04:17	02:12:53	06:24:34
200	774	Nowak Grzegorz	Rybnik		M40	73	00:50:08	00:06:59	03:18:07	00:04:21	02:07:38	06:27:12
201	881	Stępniewski Szymon	Wrocław		M30	71	00:53:41	00:07:32	03:08:39	00:05:52	02:12:23	06:28:07
202	810	Wojewoda Tomasz	Mirków	GST Gajewski SWIMMING Team	M40	74	00:38:58	00:06:51	03:26:59	00:07:59	02:10:37	06:31:24
203	879	Gonera Krzysztof	Kamieniec Wrocławski		M50	17	00:52:01	00:06:19	03:15:20	00:03:10	02:18:29	06:35:19
204	797	Dorenda Grzegorz	Wrocław		M40	75	00:43:34	00:07:07	03:17:36	00:07:02	02:20:17	06:35:36
205	954	Jackowski Dawid	Piła		M40	76	00:53:36	00:07:38	02:59:03	00:04:31	02:32:29	06:37:17
206	807	Garding Simon	Br?nsh?j		M30	72	00:48:23	00:08:22	03:28:27	00:08:12	02:08:03	06:41:27
207	798	Jaromin Mateusz	Bielsko-Biała	#AdamCzerwińskiTeam #ACT	M18	18	00:42:31	00:07:01	03:32:08	00:04:56	02:19:41	06:46:16

Pływanie: 2 x 0,95km

Jazda rowerem: 4 x 22,5 km

Bieg: 4 x 5,275 km